

### Hot/Cold Therapy

If you have chosen to use a hot/cold pack with your brace, insert on back of brace, elastic strap will hold pack in place.

### Hot or Cold?

Cold therapy is often used immediately following an injury or activity and for at least 48 hours thereafter. Hot therapy is often NOT used for a 48-72 hour time period after injury unless specifically indicated by a health care practitioner and is typically used for longer term, chronic issues. Both hot and cold therapy are typically applied for 15-20 minutes and can be repeated every 1-2 hours. As always, be sure to consult with your health care specialist regarding your specific injury and the indicated treatment solution.

### Caution

- Please consult your doctor before use
- Be sure to read all instructions on pack
- Before placing pack in microwave or freezer, remove from pouch
- Velcro hooks on pack could snag clothing

### Product Warranty

Victory Medical, the manufacturer of the V-Force Flex, warrants to the purchaser that the product is free from defects in materials and craftsmanship for a period of 6 months from the date of fitting.

This limited warranty does not cover damage due to accident, neglect, misuse or any other instance beyond its intended use. This warranty does not cover damage as a result of improper care or cleaning of the V-Force Brace.

For additional information regarding maintenance, care and/or warranty, please visit [www.victorymedicalusa.com](http://www.victorymedicalusa.com).

  
**Victory Medical**  
USA  
8501 BASH STREET, SUITE 1100  
INDIANAPOLIS, IN 46250  
(317) 288-5122  
[WWW.VICTORYMEDICALUSA.COM](http://WWW.VICTORYMEDICALUSA.COM)



**Victory Medical**  
USA

V-TRANSFORMER  
PATIENT HANDBOOK



  
**TRANSFORMER**

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To attach Transformer to VForce Flex please refer to [www.victorymedicalusa.com/product-support/](http://www.victorymedicalusa.com/product-support/) for instructional video.

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## How To Put On Your New Brace

1. If V-Transformer is not attached to brace when fitted, slide the non-velcro belt of brace under strap on left side of the abdominal panel, lift up center section and slide brace into the flap and velcro down. (Fig.1).
2. Position the belt around the torso making sure the back panel is centered in the low back area.
3. Hold the left abdominal flap firmly with the left hand over the abdomen. Grasp the right flap with the right hand and stretch the brace outwards, then wrap around the body. Attach flap securely onto the first flap over the abdomen.
4. Verify the brace is fitted correctly by checking the position of the front flexible stays; they should be positioned equidistant from the navel. (Fig.4).
5. Grasp the lower side strap and pull simultaneously until the required tension is achieved, then fasten them to the abdomen. Repeat this step to adjust the upper side straps.
6. At this point brace should be comfortable and secure. If additional adjustments are required, pull straps accordingly
7. The abdominal panel may be adjusted for the proper fit by repositioning the belt up or down in the velcro pocket.

## Maintenance & Care *(no special maintenance is required)*

- Remove transformer abdominal panel from vforce brace (carefully note how additional panel was attached). Now by laying the brace on a flat surface, remove the plastic panels. Remove the back panel and slip the cover off. Before washing, make sure all velcro is in locked down position. (This will prevent any snagging.)
- Hand wash or machine wash (gentle cycle only) in warm water. Wash separately, **do not use bleach or chlorine products**. Mild detergent and fabric softener only. Use extra spin cycle to remove excess water.
- Hang to dry or use dryer on medium heat. *(Make sure all velcro is locked in place to prevent snagging.)*
- When dry, re-insert panels and brace is ready to wear.